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**Wishing you a
Happy Holiday
Season!**

***Holiday Gift
Certificates Available***

Certificates valued at \$35 are on sale for \$25

This holiday season, give someone you care about the experience of acupuncture.

We are offering a special gift certificate for a full treatment valued at \$35 for only \$25. This entitles new patients to a full consultation and treatment.

You can purchase this gift at our office for \$25 or call 314-772-4325.

Give the gift they truly appreciate - the gift of health.

Holiday Hoursplan ahead!

Friday, 12/19

Open 10AM-1PM

Monday 12/22 through Friday 12/26

Closed

Monday 12/29 and Tuesday 12/30

Open regular hours

Wednesday, 12/31

Open noon to 4:30PM

Thursday, January 1

Closed

Friday, January 2

Open regular hours

Acupuncture beats aspirin for chronic headache

Analysis of prior studies finds treatment reduces severity, frequency of pain

WASHINGTON - Acupuncture works better than drugs like aspirin to reduce the severity and frequency of chronic headaches, U.S. researchers reported.

A review of studies involving nearly 4,000 patients with migraine, tension headache and other forms of chronic headache showed that that 62 percent of the acupuncture patients reported headache relief, compared to 45 percent of people taking medications. A team at Duke University compiled the research.

"Acupuncture is becoming a favorable option for a variety of purposes, ranging from enhancing fertility to decreasing post-operative pain, because people experience significantly fewer side effects and it can be less expensive than other options," Dr. Tong Joo Gan, who led the study, said in a statement.

To read the entire article go to:

<http://www.msnbc.msn.com/id/28014165/>

Sincerely,

John Schmieder & Bryan Wagner
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