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**Spring is Here, and Acupuncture has been "Springing Up" in all Kinds of News Stories.**

**PMS and Acupuncture:**

**More Women**

**Turning to Acupuncture and Getting Good Results**

Dr. Frank Lipman is with the American Academy of Medical Acupuncture and says the number of women seeing him for PMS is increasing. "I would say at least 75 percent of women... get better with acupuncture for PMS," said Lipman.

Read the entire

[http://www.king5.com/health/stories/NW\\_030909HEK-acupuncture-pms-LJ.1bda5924.html?rss](http://www.king5.com/health/stories/NW_030909HEK-acupuncture-pms-LJ.1bda5924.html?rss)

**Seasonal Changes Affect Migraines**

Morning Edition, March 12, 2009 [If you suffer migraines when the weather changes, the](#)

temperature outside could be to blame. In a new study of thousands of people who showed up in a Boston emergency room with severe headaches, a spike in heat was found to be a strong migraine trigger.

[Read the entire article](#)

<http://www.npr.org/templates/story/story.php?storyId=101717699>

## **Allergic Rhinitis: Study shows Acupuncture more effective than routine care alone.**

A study published in the American Journal of Epidemiology showed that acupuncture can significantly relieve allergic rhinitis symptoms.

In the study, 5,237 men and women were analyzed to evaluate the effectiveness of acupuncture in addition to routine care in patients.

[Read the entire article](#)

<http://www.acufinder.com/Acupuncture+News/Acupuncture+Effective+for+Allergic+Rhinitis>

## **Major Pediatric Hospital in LA to Offer Acupuncture**

Children's Hospital in LA is collaborating with Yo San University to offer acupuncture services to their patients in the pain management clinic.

When the program was announced staff members cheered and wanted to know when the services could be provided for all departments.

[Read the entire article](#)

<http://www.acupuncturetoday.com/mpacms/at/article.php?id=31909>

Sincerely,

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