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**Watch our TV  
Interview on  
Channel 4 - KMOV!**

**Community  
Acupuncture  
on Channel 4  
KMOV TV**

**"Great Day St. Louis"  
interviews Bryan and  
John**

Recently KMOV TV's, "Great Day St Louis" filmed a segment at our acupuncture clinic, talking with

**Are We Feeling  
Better Yet?**

**Community Acupuncture to  
host program discussing  
Women's Health on  
Wednesday, February 11**

Colleen McKee and Amanda Crowell Stiebel, co-editors of "Are We Feeling Better Yet? Women Speak About Health Care in America", discuss the state of women and health care in the U.S. today and read selections from their

patients about their results and showing an actual acupuncture treatment. Then Bryan and John went down to the studio and were broadcast live, treating host Carol Daniel to her first acupuncture treatment. Watch the actual broadcast by clicking below.

[Click Here to Watch](#)

anthology of personal narratives.

**Wednesday, February 11,**

**7.30 - 8.30 pm**

**Community Acupuncture**

**2006 South 39th Street, 63110**

**Call 314-772-4325 or**

**email: [misscolleenmckee@yahoo.com](mailto:misscolleenmckee@yahoo.com)**

## Conscious Eating

*New book, "Food Matters" talks about simple changes we can all make for better health*

There is a growing movement around the world toward "Conscious Eating." This involves making informed eating choices which are sustainable for your health and the health of the planet. NPR recently featured a new book on this topic, which is helping people make conscious choices in their diet. The interview is brief, about 7 minutes.

Listen through to the end of the interview and you'll hear the dramatic story of how these simple dietary changes improved the author's cholesterol, heart rate, sleep apnea, and knee pain immensely - all without pharmaceuticals.

Don't worry, the author isn't proposing you give up ALL your steak and hamburgers, just use moderation. Listen and you'll see!

[Listen to the NPR Interview](#)

Sincerely,

John Schmieder & Bryan Wagner  
Community Acupuncture of St Louis  
(314) 772-4325  
[www.acustl.com](http://www.acustl.com)

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